

Criterium VIBr&Br : Session: 94: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Scheepers Tom HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 14:19	
Heat: 4/6 Lane : 2 Athlete: VANGENECHTEN MATTHIAS							Q-time: 04:10:37	
PB (25m pool): 04:10.37 Tremelo 12/01/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:56.47		02:02.26		no time		04:10.37
	00:56.47		01:05.79					
								

Coach feedback:

Event number: 2: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 14:24	
Heat: 5/6 Lane : 3 Athlete: SCHEEPERS ELIAZ							Q-time: 03:44:29	
PB (25m pool): 03:44.29 Vilvoorde 23/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.15		01:50.87		no time		03:44.29
	00:52.15		00:58.72					
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 14:33	
Heat: 1/7 Lane : 1 Athlete: VANMECHELEN KATO							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 14:33	
Heat: 1/7 Lane : 3 Athlete: SMEETS LOU							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 14:33	
Heat: 1/7 Lane : 4 Athlete: VANGENECHTEN ANNA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+										Heat:7, starttime: 15:23																			
Heat: 7/10 Lane : 2 Athlete: SCHEEPERS ELIAZ																				Q-time: 00:43:54									
PB (25m pool): 00:43.54 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time																													
	2 5 M					5 0 M																							
PB						00:43.54																							
	00:43.54																												
																													

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+										Heat:9, starttime: 15:27	
Heat: 9/10 Lane : 4 Athlete: VANGENECHTEN MATTHIAS										Q-time: 00:41:43	
PB (25m pool): 00:41.43 LEUVEN 23/11/2025										PB (50m pool): no time SB: 00:41.43 LEUVEN 23/11/2025	
	2 5 M		5 0 M								
PB			00:41.43								
			00:41.43								
											

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 15:30
Heat: 1/7 Lane : 2 Athlete: VANGENECHTEN ANNA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 15:33
Heat: 3/7 Lane : 2 Athlete: SMEETS LOU			Q-time: 00:50:56
PB (25m pool): 00:50.56 LEUVEN 23/11/2025			PB (50m pool): 00:52.64 SB: 00:50.56 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:50.56	
	00:50.56		
			

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 16:57
Heat: 1/6 Lane : 1 Athlete: SMEETS LOU			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 00:44.69 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+			Heat:2, starttime: 16:59
Heat: 2/6 Lane : 3 Athlete: VANGENECHTEN ANNA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Criterium VI
 Br&Br : Session: 94: COACH evaluation sheet for TEAM: BEST

Event number: 13: 200M MEDLEY MEN 11+							Heat:1, starttime: 17:07	
Heat: 1/6 Lane : 3 Athlete: VANGENECHTEN MATTHIAS							Q-time: 03:37:16	
PB (25m pool): 03:40.20 Pelt 05/10/2025				PB (50m pool): 03:37.16 SB: 03:40.20 Pelt 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:59.09		no time		no time		03:40.20
	00:59.09							
								

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+							Heat:3, starttime: 17:16	
Heat: 3/6 Lane : 4 Athlete: SCHEEPERS ELIAZ							Q-time: 03:18:63	
PB (25m pool): 03:21.11 Tienen 27/10/2024				PB (50m pool): 03:18.63 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.70		no time		no time		03:21.11
	00:48.70							
								

Coach feedback:

Event number: 14: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 17:45	
Heat: 4/5 Lane : 2 Athlete: VANMECHELEN KATO							Q-time: 03:45:13	
PB (25m pool): 03:45.13 Mol 28/12/2025				PB (50m pool): no time SB: 03:45.13 Mol 28/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:53.03		01:51.88		02:51.78		03:45.13
	00:53.03		00:58.85		00:59.90		00:53.35	
								

Coach feedback: